



# KNOW YOUR RIGHTS

**Domestic Workers in Saudi Arabia**

**YOU ARE PROTECTED BY LAW**





# SALARY RIGHTS

- ✓ Paid monthly on time
- ✓ Bank transfer (traceable)
- ✓ No unauthorized deductions
- ✓ End-of-service benefits

Your Earnings are Protected





# WORKING HOURS

- ✓ Maximum 9 hours/day
- ✓ 1 day off weekly
- ✓ Regular breaks



Your Time Matters



# HEALTH & SAFETY

- ✓ Medical coverage included
- ✓ Safe accommodation
- ✓ Adequate food & water



Your Wellbeing is a Priority



# PERSONAL RIGHTS

- ✔ Passport stays with you
- ✔ Contact family anytime
- ✔ Practice your religion
- ✔ Respectful treatment



**Your Dignity is Non-Negotiable**



# Need Help

Thrive Consulting:  
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**You're Never Alone**